

To Be Content

Scripture Reading — Hebrews 13:5-6

Be content with what you have, because God has said, “Never will I leave you; never will I forsake you.”

Hebrews 13:5 —

As a teenager, I enjoyed going to a neighborhood grocery store. There my friends and I would get a roll of bread and a few slices of cheese for a snack. An elderly lady who worked at the store would always say some kind and encouraging words to us, as she carefully sliced our cheese.

A few short years later the USSR was collapsing. Because of major economic disruptions, all cheese disappeared from the grocery shelves. Most other food items became scarce too. The store was still open, but it sold only bread. My memories of a kind lady who sliced cheese for us seemed almost unreal, but they still warmed my heart in those difficult times.

The Bible calls us to be thankful for and content with everything we have. Our family, health, meals we can share with loved ones, and of course life itself— all are precious gifts from the Lord. But discontent, greed, or fears don't allow us to fully appreciate and treasure the precious gifts of life.

We don't know what the future holds. We might have to go through difficult times of having “no cheese on the shelves”—or worse. But as the children of God we are assured of his continuous love and care. The Lord himself is our helper in this perilous life.

Prayer

Father in heaven, thank you for being our reliable helper and protector. Give us a heart of contentment and thanksgiving! Through Jesus, your Son, Amen.

Devotion topics: [Life](#), [Christian Life](#), [Spiritual Food](#)

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