

Jesus, the Bread of Life

Scripture Reading — John 6:32-51

“I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.”

John 6:35 —

Hunger is a harsh reality. Millions of people go to bed each night with their stomachs growling. Millions of children, with bloated abdomens and ribs showing, compete with vultures in landfills to get scraps of food.

Starvation is cruel; it tortures and kills. Victor Frankl, who was a prisoner in a Nazi concentration camp, said the subject most talked about in prison was not freedom but food.

But even more severe than physical hunger is spiritual hunger. Where can we find true food for our souls?

Jesus is the bread of life! He alone can satisfy our spiritual cravings.

No religion, philosophy, or doctrine can do that. No work of charity can satisfy your soul. Only Jesus can fully satisfy.

Many people seek to satisfy the soul with money, success, fame, or pleasure, but there is a God-shaped void in everyone’s soul that can only be filled by Jesus Christ.

Jesus is the bread that came down from heaven. If you embrace Jesus by faith, you will discover that he fills the emptiness within your life. You will be satisfied forever by the bread of life!

Have you asked the Lord for your daily bread today, and have you come to him for the nourishment of your soul?

Prayer

Heavenly Father, all praise and worship belong to you, for you give me the food I needed to satisfy my spiritual hunger. Only in Christ can I find eternal satisfaction. In Jesus’s name, Amen.

Devotion topics: [God](#), [Jesus](#), [God's Names](#)

Written by Hernandes Lopes — <https://today.reframemedia.com/authors/hernandes-lopes>

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Printed on July 17, 2019

