God Is on Our Side

Scripture Reading — Psalm 46

*God is our refuge and strength, an ever-present help in trouble.* — Psalm 46:1

The first words of this psalm announce its theme: God is our refuge—our fortress and shelter. God is also our strength, our help—the one who deals with the perils surrounding us. And because God is our refuge and help, we have nothing to fear, even if nature throws its worst tantrums at us.

A group of Jesus’ followers feared for their lives in a storm one day, out on a boat in the middle of a huge lake. Then their Teacher stood up and said to the wind and the sea, “Quiet! Be still!” The wind quit; there was dead calm. “Who is this?” they asked. “Even the wind and the waves obey him!” (See Mark 4:35-41.)

The Lord Almighty was in that boat as their helper; the God of Jacob was their refuge.

Our faith is always being subjected to storms and earthquakes. Where can we find safety and security? Listen to Psalm 46: “God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way. . . .”

There is a certain and trustworthy basis for our faith—the God who made us and everything in our world. In all circumstances, no matter how terrible or frightening, our unchanging God is our refuge and strength.

In what ways has God been your refuge and strength?

Prayer

*Lord, we know who is God: you are. Help us to remember this when our worlds shake and our hearts tremble in fear. Shelter us, Jesus, in your strong, safe arms. Amen.*

Devotion topics: Bible, Books of the Bible, Psalms, Life, Trials & Challenges

Written by Thea Leunk — https://today.reframemedia.com/authors/thea-leunk