

A Refreshing Conclusion

Scripture Reading — Proverbs 25:11-14

Like a snow-cooled drink at harvest time is a trustworthy messenger to the one who sends him; he refreshes the spirit of his master. — Proverbs 25:13

A few years ago in the area where I live, a major snowstorm came at the end of October. For farmers with crops still in the field, such an early snow is anything but refreshing. It makes for a muddy, wet mess as the remaining crops are harvested.

For the ancient Israelites, however, snow was an encouraging sign. As summer turned to fall in the hot climate of Palestine, it was refreshing to see snow begin covering the northern mountains and to know that a quieter season lay ahead. And in those days before refrigeration, receiving a drink cooled by snow was a rare treat.

Perhaps you find yourself in the midst of a busy season. God meets us at times when we feel overwhelmed by the tasks looming ahead, or emotionally exhausted by all we've been dealing with. He calls us to "lift up [our] eyes to the mountains" and to trust that our "help comes from the Lord" (Psalm 121:1-2).

What's more, God has sent his own Son to be a trustworthy messenger of his refreshing gift (Acts 3:19-20). To all who trust in Jesus, God gives the promise that his harvest work in our souls will bring us rest.

Look today for that faithful messenger, the Savior, and trust in him for true refreshment.

Prayer

Heavenly Father, we often find ourselves worn out by the pace of life and by all we face here on this earth. Help us to find your refreshment for us in Christ. Amen.

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