

## A Day in the Sun

### Scripture Reading — Psalm 19

*The heavens declare the glory of God; the skies proclaim the work of his hands. — Psalm 19:1*

There's nothing like bright sunshine to chase away clouds of weariness and anxiety. Soaking up the sun's warmth and light can restore serenity faster than any potion or self-help advice. And if reflections of those rays are winking off gentle waves in a calm breeze, so much the better.

Heavens declare, and skies proclaim, day after day and night after night. The sun, like a joyful celestial runner, sets out in hope and rests in victory. All of creation testifies to the glory and splendor of God.

The psalmist goes on to remind us that the Creator of the world is the Creator of the Word, that just as the sun's light benefits all of natural life, God's perfect law enhances the lives of God's people.

Yet the glory of the Creator and the love of the Redeemer mean little if they are not equally displayed on the horizon of our lives. A life that rejoices in God's sovereignty and delights in God's beauty; a life that knows what is right, true, and just and isn't afraid to name it; and a life that kneels before its maker and owner and lays its thoughts and words—everything it says and thinks—before God as a sacrifice of praise: this is the life our Creator calls us to consider.

In what ways do you sense God calling you to a life that witnesses to him?

### Prayer

*Let the words of our mouths and the meditations of our hearts be acceptable to you, Jesus, our Rock and our Redeemer. Amen.*

**Devotion topics:** [Bible](#), [Books of the Bible](#), [Psalms](#), [Christianity](#), [Doctrine](#), [Creation](#)

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